

Topic: Mary Seacole

Before starting your topic learning this week, we advise that you complete your reading comprehension first.

Who was Mary Seacole?

What can you tell from this picture?



Who Was Mary Seacole?

Mary Seacole is remembered for her role in helping wounded soldiers in the Crimean War.



Mary, who was mixed race, also fought against being treated differently because of the colour of her skin.

The Crimean War

The Crimean War began on 16th October 1853 and lasted for 3 years.

Mary wanted to help treat the wounded soldiers there but was turned away due to the colour of her skin.

She saved up her own money to be able to travel there and opened her 'British Hotel' - a hospital for the soldiers injured in the war.



Mary also travelled to where the fighting was happening to treat soldiers under fire.

How were Florence Nightingale and Mary Seacole similar?

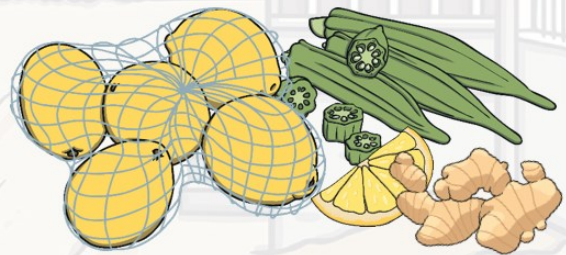
Mary's Herbal Remedies

Mary used herbal remedies she had learnt from her mother to treat the soldiers.

She would often grind them in a pestle and mortar, mix them in a bowl or heat them over a fire.

Some of the ingredients she used included:

- Aloe Vera – mixed to help heal cuts and wounds.
- Lemongrass – boiled to help a fever.
- Ginger – ground to help diarrhoea.
- Lemons – mixed to help coughs.
- Okra – chopped to help heal boils.



Some countries still use these remedies, or ones inspired by them, today.

How was their work different?

After the War

Mary returned to Britain after the war but she was in poor health and had no home.

Many people had heard about her good work and raised money to help her.

Mary was awarded military medals for her service during the war.

In 1857, a book about her life was published. It was the first autobiography to be written by a black woman in Britain.

Mary died on 14th May 1881, aged 76, at her home in Paddington, London.

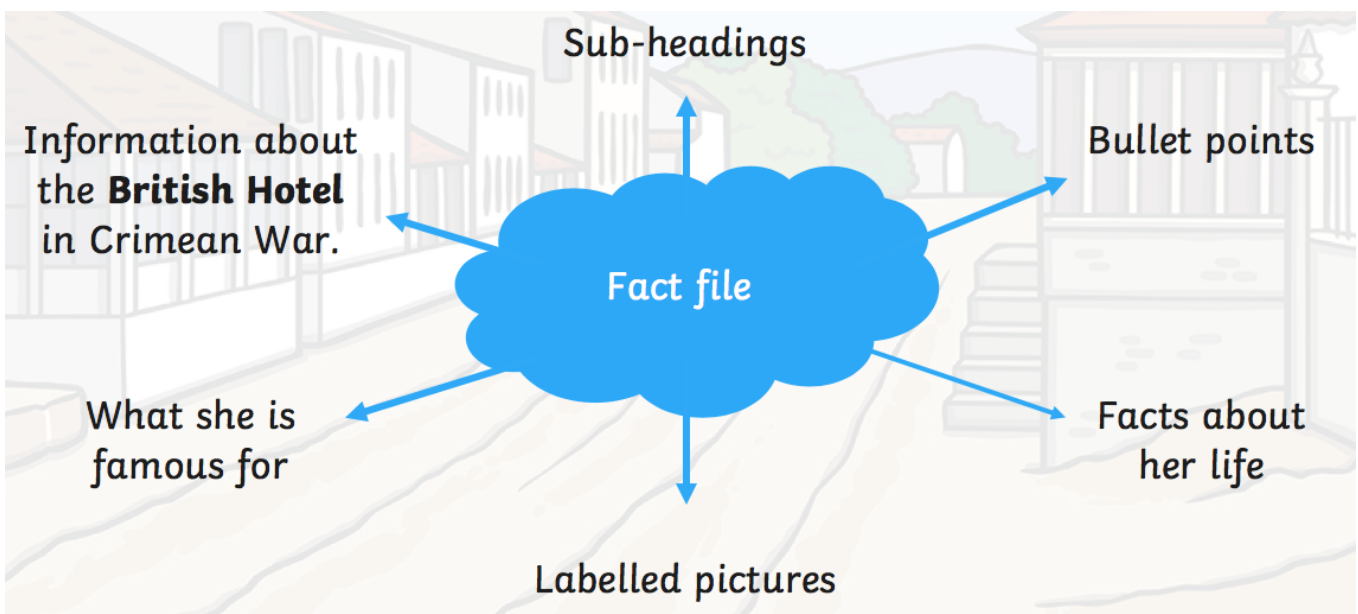
Her work was sadly forgotten until around 100 years after her death, when a group of Jamaican nurses wanted to know more about her and started making her name famous again.

What does the word heroine mean and why do you think Mary Seacole was known as one?

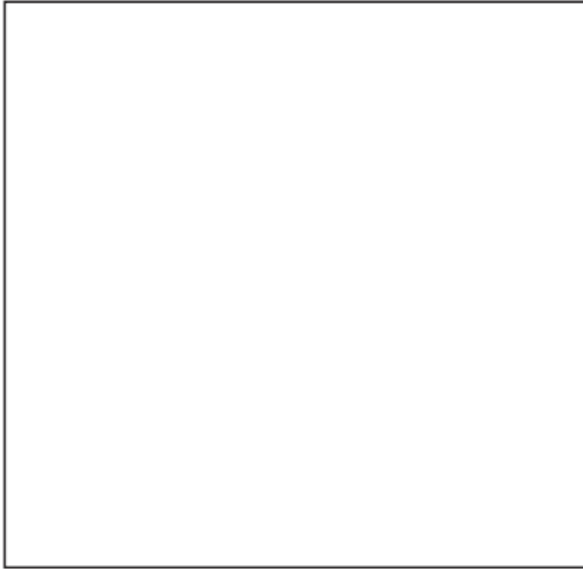
Task 1: Mary Seacole Fact File

Your task is to put together a fact file on Mary Seacole using the fact file frame on the next page. Remember - you do not need a printer to complete this task. You can create your fact file on a piece of paper from home.

What to include:



Mary Seacole Fact File



Full name: _____

Date of Birth: _____

Place of Birth: _____

She was famous for:

Who was Mary Seacole?






Mary Seacole's Life:

What did Mary Seacole discover that was so significant?

Task 2: Herbal Remedies

To treat soldiers who were injured/ill, Mary used **herbal remedies**. Before you complete this task, discuss what these two words mean and share your ideas with a family member.

Task: First label each ingredient and then, in the description box, describe how Mary used each remedy to treat the soldiers. There is a word bank to help you.

Ingredient	Information
 _____	
 _____	
 _____	
 _____	
 _____	

wounds	lemon grass	mix	pan	cuts
bowl	boils	bowl	coughs	boil
knife	pestle and mortar	Okra	chop	Aloe Vera
crush	fever	diarrhoea	ginger	lemons